

# COBIT® Foundation with COBIT Games v4.1™ Fact Sheet

2.5 Days | Classroom | COB1023

The COBIT Foundation course with the COBIT Games is a highly interactive and engaging classroom learning experience. Participants learn about the need for an IT control framework and understand how COBIT addresses this need. This training program explains the elements and supporting materials of the COBIT framework in a logical and example-driven approach for everyone interested in obtaining foundation-level knowledge of COBIT.

Classroom presentations are supported by the application of a business simulation. The COBIT Games is an interactive simulation, where participants have to prepare the city of Concordia for hosting the upcoming COBIT Games. By preparing the infrastructure of the city, participants learn about the underlying aspects of IT governance and recognize how the adoption of a process and control framework can help achieve better business alignment, delivery of value, management of risks and resources, and measurement of performance.

The training includes an exam preparation module, preparing participants to take on the COBIT Foundation exam.

COBIT® is a registered trademark of the Information Systems Audit and Control Association and the IT Governance Institute.

**COB1023**  
**COBIT®**  
**FOUNDATION**  
**WITH THE**  
**COBIT® GAMES**

## Course Description

The ISACA COBIT Foundation course addresses the benefits of a sound IT governance framework and explains how to realize effective IT governance using the COBIT best practice framework. The elements of the COBIT framework are explained using case studies and interactive presentations. The course is supported by a business simulation, The COBIT Games, where participants learn of the true meaning of IT governance while preparing a city for hosting the Olympic games. The course includes an exam preparation module, preparing participants to take on the COBIT Foundation exam.

## Prerequisites

There are no formal prerequisites for this course, but it is recommended that the participants have some experience in the IT governance domain.

## Course Student Material

Each delegate receives a copy of the visual aids used, a COBIT Handbook and a COBIT First Aid Kit. It is recommended that students acquire a copy of the COBIT 4.1 publication that can be downloaded free from the ISACA Web site.

## Learning Outcomes

By the end of the course, you will be able to identify:

- How IT management issues are affecting organizations.
- The need for a control framework driven by the need for IT governance.
- How COBIT meets the requirement for an IT governance framework.
- How COBIT is used with other standards and best practices.
- The COBIT framework and all the components of COBIT.
- How to apply COBIT in a practical situation.
- How the use of COBIT is supported by the ITGI.

Additional learning objectives for the COBIT Games:

- Recognize symptoms of poor governance
- Understand the 5 focus areas of Governance
- Understand the true meaning of IT Governance and how a solid governance structure helps to manage business requirements
- Understand the meaning and use of the COBIT Cube
- Understand the characteristics of the COBIT Domains (PO / AI / DS / ME)
- Recognize the impact of regulatory obligations and meeting external requirements
- Understand that uncertainty exists and that COBIT can help to manage uncertainty
- Understand the need for measuring performance to achieve IT Goals

#### Audience

The COBIT Foundation course and the COBIT Foundation exam are equally applicable to IT auditors, IT managers, IT quality professionals, IT leadership, IT developers, and process practitioners and managers in IT service-providing firms. Anyone interested in learning more about COBIT will find value in the COBIT Foundation course and the COBIT Foundation exam.

#### Course Organizational Logistics

- 8 – 16 participants (hard requirement; cannot be run with less or more people)
- 1 break-out room
- 1 separate desk for the COBIT Game board; four people need to sit around the board
- A classroom with tables that are not mounted on the floor and can be moved
- Projector, white board, and flip chart
- A COBIT Game license

#### Related Courses

Candidates who are interested in this course might also benefit from other courses in the COBIT portfolio, such as the COBIT Foundation exam (COB1030), the Implementation Workshop for IT Governance Using COBIT (COB1021), or the COBIT for Sarbanes-Oxley IT Compliance course (COB1013).

#### Course Agenda

Day 1	
09:30 – 9:45	Introduction
09:45 – 10:15	Session 1: IT Challenges <ul style="list-style-type: none"> <li>• Identify IT Management Issues</li> </ul>
10:15 – 10:30	Coffee Break
10:30 – 12:00	Session 2: IT Governance and COBIT <ul style="list-style-type: none"> <li>• IT Governance: Definition</li> <li>• IT Governance: Principles</li> <li>• Need for IT Governance and a Control Framework</li> <li>• Characteristics of a Control Framework</li> <li>• COBIT – Value, Limitations, Components, and Benefits</li> <li>• Linking COBIT and IT Governance</li> <li>• Premise and Principle of COBIT</li> <li>• COBIT Cube – The Framework</li> </ul>
12:00 – 13:00	Lunch
13:00 - 14:30	COBIT Games Round 1 <ul style="list-style-type: none"> <li>• COBIT Games</li> <li>• Evaluation</li> </ul>

## COB1023

### COBIT® Foundation with the COBIT® Games

Certificate: COBIT Foundation Exam Certificate | Duration: 2.5 Days | Course Delivery: Classroom | Language: English (COB1023)

14:30 – 15:45	Session 3: Overview of the COBIT Framework <ul style="list-style-type: none"> <li>• Linking business Goals, IT Goals, and IT processes</li> <li>• Framework, Control Objectives, and Control Practices</li> </ul>
14:45 – 16:00	Coffee Break
16:00 – 17:30	COBIT Games Round 2 <ul style="list-style-type: none"> <li>• COBIT Games</li> <li>• Evaluation</li> </ul>
	Homework Assignments
<b>Day 2</b>	
09:00– 9:15	Recap of the First Day
09:45 – 10:45	Session 4: Overview of the COBIT Framework <ul style="list-style-type: none"> <li>• Management Guidelines</li> <li>• Audit Guidelines</li> </ul>
10:45 – 11:00	Coffee Break
11:00– 12:30	COBIT Games Round 3 <ul style="list-style-type: none"> <li>• COBIT Games</li> <li>• Evaluation</li> </ul>
12:30 – 13:30	Lunch
13:30 – 14:30	COBIT Games Assignment
14:30 – 15:30	Session 6: COBIT and Other Standards <ul style="list-style-type: none"> <li>• COBIT : Alignment with Other Standards and Frameworks</li> <li>• COBIT : Compliance with Laws and Regulations</li> <li>• COBIT and the Sarbanes-Oxley Act</li> </ul>
15:30 – 15:45	Coffee Break
16:15 – 17:30	COBIT Games Round 4
	Practice Exam

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Day 3	
09:00 – 09:30	Recap of the Second Day
09:30 – 10:30	Session 6: COBIT : Resources and Benefits <ul style="list-style-type: none"> <li>• COBIT Online</li> <li>• COBIT Quick Start</li> <li>• COBIT Security Baseline</li> <li>• IT Governance Implementation Guide</li> </ul>
10:30 – 10:45	Coffee Break
10:45 – 12:00	Session 7: COBIT Exam Preparation <ul style="list-style-type: none"> <li>• Practical Hints and Tips for the COBIT Exam</li> <li>• COBIT Exam Format</li> </ul>
12:00 – 12:30	Course Evaluation
14:30 – 15:30	Optional COBIT Foundation Exam